

Health and PE (Integrated)

Term 1 Level 3

HEALTH:

Thinking Well

PE: Playground Games

Planning preparation

Student Voice: In what area do the children see need to improve their learning in Health and PE this term.

The children think...

- They want more than 'football' at lunch time
- It is frustrating when others change the rules on them
- They would like to find out what their parents played when they were at school

Teacher Voice: In what area does the teacher see need to improve learning in Health and PE this term.

As the teacher I think...

- There needs to be more range
- They need to listen better to each other
- They need to work on picking teams
- They need to have more games, perhaps with smaller numbers of children
- They have organised themselves into a pecking order based on ability
- There are a number of children left out because they don't play soccer
- The classes don't mix across the year levels, it is not happening naturally. They don't know each other very well
- There is a group of children who do not do physical activity at lunchtime on a regular basis

Health Context

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PE Context

From the Curriculum

Highlight one

- 1) Growing well
- 2) Thinking Well
- 3) Being safe
- 4) Having friends)

From the Curriculum

Highlight one

- 1) Aquatics
- 2) Improving playground play
- 3) Skill based unit
- 4) Invasion Games
- 5) Ball based unit
- 6) Cultural Physical activity
- 7) Athletics and tabloids
- 8) Introduction to a new sport

Health

Learning Intention

from the St Johns levelled learning intentions in school documents based on NZ curriculum

The children are learning to...

- Identifies ways to act responsibly to support themselves and others.
- Identifies the pressures that can influence interactions with other people
- Demonstrates strategies to manage their interactions with others

What are we assessing:

- Do I/they act responsibly
- Do I/they support others
- How do I/they support others
- I/They can identify the pressures that influence how I interact with others
- Identify strategies to manage my/their interactions with others
- Demonstrates strategies to manage my/their interactions with others

Physical Education

Learning Intention

from the St Johns levelled learning intentions in school documents based on NZ curriculum

The children are learning to...

- Plans and maintains regular enjoyable physical activity
- Develops movement skills
- Demonstrates confidence in challenging physical situations.
- Participates in games, co-operative and competitive activities
- Describes how competition can affect people's behaviour

What are we assessing

- I/They can describe how competition can affect people's behaviour
- I/They participates in a range of games, co-operative and competitive activities
- I/They develop movement skills

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Learning Experiences

Warm Up: (game to get children active)

- Line tag
- Stuck in the Mud
- Octopus
- Captain's Coming
- Non stop tag
- Rippa tag
- What's the Time Mr Wolf?
- ...

Health Teaching point

- How do I/they act responsibly
- How do I/they support others
- What are the pressures that influence how I interact with others
- What strategies can I use to manage my/their interactions with others

PE Teaching Point

- What is enjoyable physical activity for me
- Developing movement skills
- Displaying confidence in challenging physical situations.
- Introduction to new and different games, both co-operative and competitive
- Competition can affect people's behaviour

Activities

- Elastics
 - Four Square – with rules/ different rules
 - Hopscotch
 - Skipping
 - Gutterboards
 - Knucklebones
 - Seven's
 - Donkey
 - Midnight
 - Sardines
 - Children do research and bring in games to share
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